

COVID-19

HOW TO HELP STOP THE SPREAD

HELP PROTECT YOURSELF AND OTHERS FROM COVID-19

COVER



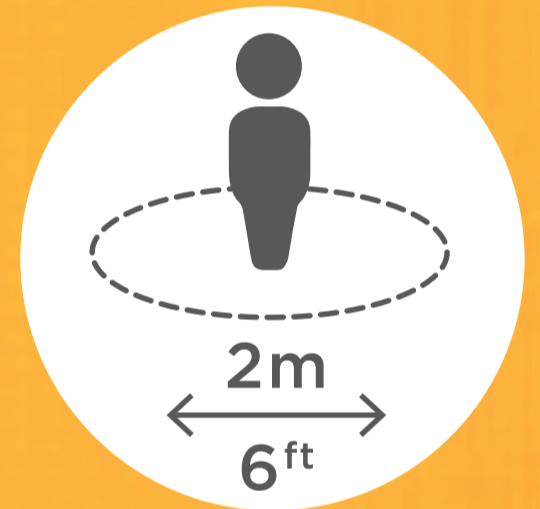
COVER YOUR MOUTH AND NOSE WHEN SNEEZING.

WASH



WASH HANDS FREQUENTLY WITH SOAP OR HAND SANITISER.

2 METRE



KEEP A SAFE DISTANCE WHERE POSSIBLE.

AVOID



AVOID TOUCHING YOUR FACE WITH YOUR HANDS.

CLEAN



CLEAN AND REGULARLY DISINFECT HIGH CONTACT AREAS AND ITEMS.

WEAR



WEAR A FACE COVERING WHEN IN CONFINED SPACES WITH OTHERS.

WE ARE PRACTICING SOCIAL DISTANCING GUIDELINES